

# ANGELINE'S INN GUIDE

## THINGS TO KNOW

*Before you go, take note.*

### CABS

Be sure to book cabs in advance via Cronkie's Cab Co. (613-476-7678)

Cronkies are pretty prompt, but punctuality is key as demand is high. They also offer drivers at a day rate for wine tours.

Also offer driver for the day. The County is much more spacious.

### POP-UPS

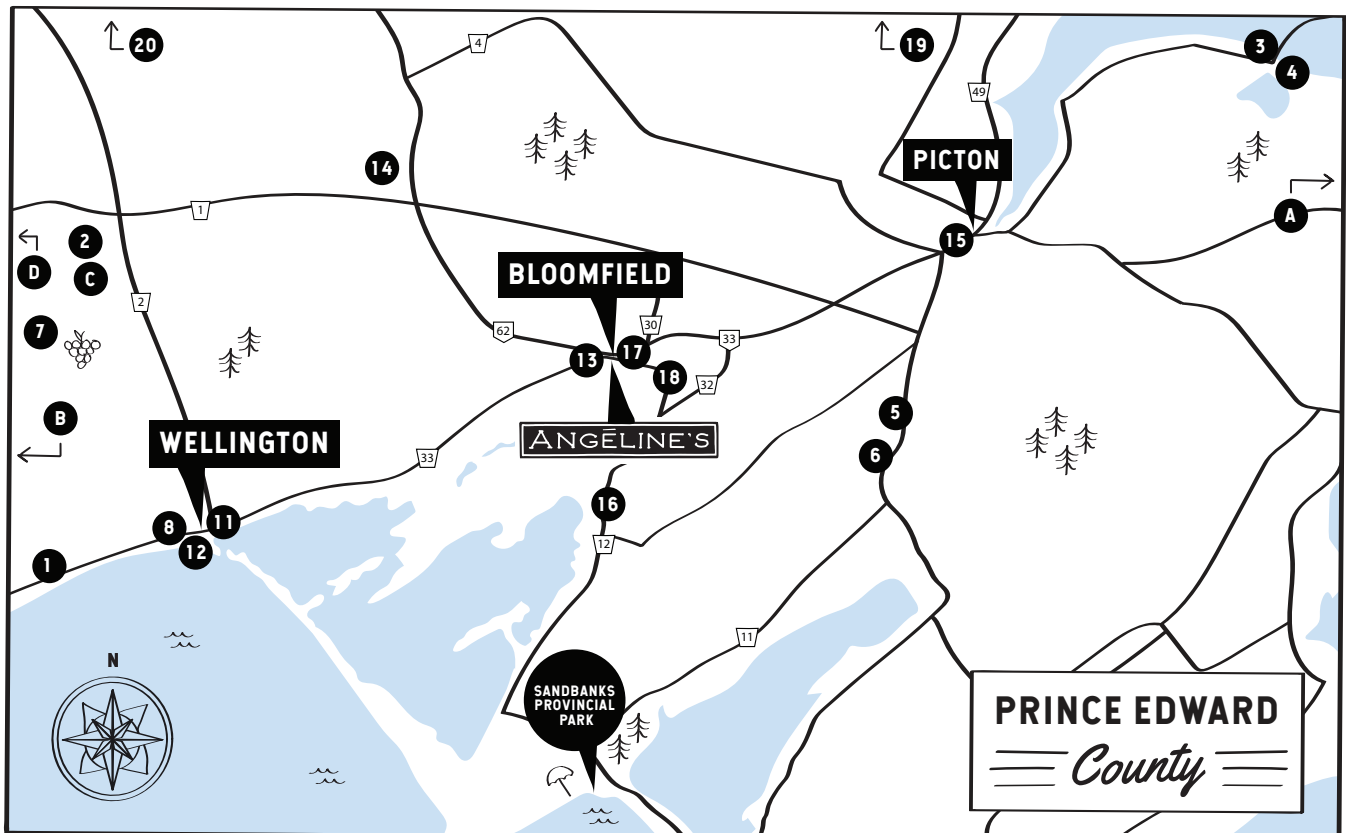
- A** Harry's Charbroiled at Waupoos
- B** Jamie Kennedy Fries
- C** The Old Third (Winery & Fresh Pasta)
- D** Old Salt Cocktails

### EXPERIENCES:

- 1** Lavender Farm
- 2** Shed Alpacas
- 3** Lake on the Mountain (restaurant)
- 4** Miller House (amazing patio)
- 5** Slake Brewery (great sunsets)
- 6** Little John Farms (Culinary experiences, Farm to table)
- 7** Wine Tours  
The County is much more spacious than other winery-rich regions. Head to Hillier for the highest concentration of wineries (create a bike path of suggested wine route)
- 8** Bike rentals via Ideal Bike

### ARTS & CRAFTS/ VINTAGE:

- 11** Sybil Frank Gallery
- 12** Wellington Pottery
- 13** Guildworks Gallery
- 14** oENo Gallery (by appointment only)
- 15** Carbon Gallery
- 16** McCools Reuse (antiques)
- 17** Dead Peoples Stuff (antiques)
- 18** County Traders
- 19** Karen Brown Antiques
- 20** Funk & Gruven (Belleville)



# HISTORY NOTES.



Preservation and adaptive re-use are at the core of what makes Angeline's a truly experiential stay. Earliest establishments in the area date back to 1806, with the advent of Quaker meeting houses. Bloomfield was then an industrial town, home to a sawmill, canneries, carding machinery, a woolen factory, and our neighbours, the palette factory.

The land you're on right now was originally settled in 1869 as the Hubbs Estate, when Henry Hubbs joined in wedded bliss with Angeline Noxon. This Victorian Era house has lived many lives, first as a private residence, then boarding house, a French fine-dining restaurant and now a Country Inn.

Today, Founder and Creative Director Alex Fida's interiors are known for their bold sense of colour and playful nostalgia; inspired by the past and his love for discovering magical places and pieces while travelling.

## *A Linear Lookback.*

- 1869** The house is built by Henry and Angeline Hubbs.
- 1953** The Walter Motel is built by the Walters family.
- 1960** The Walter Motel changes its name to the Coachhouse Motel.
- 1988** Willy and Monika Fida open Angeline's restaurant and change the motel name to the Bloomfield Inn.
- 2007** Alex and Melanie Fida inherit the Inn
- 2015** House of Falconer Restoration Begins.

# THE MEDICINE WHEEL & LABYRINTH GARDEN

Created by:  
Myrtha Feller

*(Oma)*

Located at the south-west corner of the property, the Medicine Wheel and Labyrinth Garden were created many years ago as an escape for our guests, providing them with a platform for finding inner peace.

Traditionally, a labyrinth is used for walking meditation. It is a single winding path from the outer edge in a circuitous way to the center. This is not to be mistaken with a maze, as with a maze you lose your way, but with a Labyrinth you find it.

- 1) Walk slowly through the moon gate and make a wish or think about the questions occupying your mind.
- 2) At the beginning of the entrance path, turn first in all 4 directions, take three deep breaths and complete the following:
  - On the inhale think "I become anew".
  - At the top of the inhale, hold the breath and think "I am myself".
  - On the exhale think "Let go".
  - At the bottom of the exhale, hold the breath and think "I am one".
- 3) As you navigate the layers of the Labyrinth, stop 5 times along the pathway to meditate before reaching the centre. There is no set pace for this; stop when it feels right to you.

- **First Meditation Place** – Ask yourself a question. Breathe three times as outlined above and think calmly about the question.

Example: "What is my goal?  
How do I solve problem X?"

- **Second Meditation Place** – Finding an| answer to your question. Breathe three times as outlined above and observe your thoughts and see if there is a message.
- **Third Meditation Place** – What can I do and how? Breathe three times as outlined above and listen to the sounds around you, smell the flowers and admire the visual beauty.
- **Fourth Meditation Place** – If you are still stressed, anxious or depressed, breathe calmly in and out; take all the time you need because you are in a timeless space
- **Fifth Meditation Place** – The question may be "In my life, do I have to change something? Do I want to change something? Breathe calmly and listen to your subconscious, to your intuition, and think about your experiences.

- 4) When you reach the centre of the of the Labyrinth, take a seat and make silence in your mind and heart and listen to your higher self. Take the time to get connected with the Universe and the divine source, which lies in your Self. The answers to all the above are stored here. Breathe three times as outlined above and observe your thoughts and see if there is a message Give them time to manifest and when you are ready, walk slowly back towards the outer world, the same way you came in.

# PLACES TO GO

*Before you go, take note.*

## BLOOMFIELD

### FOOD + DRINK

**Slickers Ice Cream** – enjoy freshly served local artisan ice cream.

**Kinsip** – if you love Gin (or cocktails in general), this is a must visit.

**Bloomfield Public House Market** – delicious BBQ takeout & other grab-n-go faves.

**Matron Fine Beer** – craft farmhouse brewery with naturally-rich flavour.

**Flame + Smith** – book way in advance, as this is a hot-spot, serving wood-fired dishes.

**FieldBird Farm + Cider** – come for the County farm feel, stay for the flavoured cider.

**Bermuda** – local restaurant with global charm. Order the a-mazing chicken sandwich.

**Terracello** – located just down the street, take a jaunt and enjoy wood-oven pizza.

**Saylor House Café** – start your mornings off right with a great breakfast.

### SHOPPING

**Kokito** – a great spot for gifts (and a little something for yourself).

### ACTIVITY

**Bloomfield Beauty Co.** – treat yourself to a day at the spa, County-style.

**Mustang Drive-In** – starting every day after sunset, enjoy a movie under the stars.

## PICTON

### FOOD + DRINK

**Picnic Café** – enjoy a midday break with locally prepared sandwiches and salads.

**Beacon Bike & Brew** – the name says it all. Find all things coffee and bikes.

**Stella's Eatery** – great takeout menu, even greater bottle shop. Wine and dine, Stella style.

**Parsons' Brewery** – a great go-to hangout spot for the afternoon.

**The Maran's** – enjoy some surf and turf either at this spot or takeout.

**The Vic Café** – this is a breakfast must. Get the benedict and thank us later.

**Hartley's Tavern** – a local bar serving wine, craft beer and locally sourced, new Canadian fare.

**Pie Guys Pizza** – the perfect slice post winery tour-ing.

**7Numbers** – an Italian/American red sauce joint.

**Lighthouse Restaurant** – a great local spot for a delicious traditional breakfast

### SHOPPING

**Keep** – shop for eclectic homeware and gifts.

**Coriander Girl** – take in the local flora and fauna at this floral-focused gift shop.

**Zest Kitchen Shop** – a must-stop (and shop) for those who love to cook.

**Field Made Goods** – a beautifully designed space full of locally designed pieces for your home.

**Luna Boutique** – shop clothing and accessories worthy of a winery tour.

**Kelly's** – shop Women's and kid's clothing and accessories.

## WELLINGTON

### FOOD + DRINK

**Piccolina** – authentic Italian food served locally along the strip.

**Koenji** – a Japanese Whisky bar, great for apréritif cocktails.

**La Condesa** – the county's local Mexican joint.

**Midtown Brewing Co.** – located in the heart of Wellington, enjoy a brew on an expansive outdoor patio.

**Good Place** – is a great place to get local Vegetarian and vegan takeout.

**Drake Devonshire** – go here for brunch with a view.

**Wellington's Farmers Market** – shop local produce and goods every Saturday from 8 till noon.

**Carson's Garden + Market** – aka Flossie's sandwich joint.

**Lakeside Motel** – sip on some signature cocktails as the sun sets.

**Idle Wild** – an Asian kitchen serving up real culture and flavour.

### SHOPPING

**Oak Clothing Co.** – surf's up at this curated apparel shop. Good coffee is also a shore thing.

### ACTIVITY

**Wellington Farmer's Market** – a weekend hot-spot for local artisans and eats.

### ACTIVITY

**Macaulay Mountain** – start your mornings on the right path via this nature trail.